

## Jon Stenlund Lindgren

Counsel

jon.stenlund.lindgren@krogerus.com

+358 (0)50 350 7803

Helsinki Office

### Languages

---

Swedish, English

### Legal assistants

---

Karoliina Rautiainen  
+358 (0)50 409 0737

Jon specialises in dispute resolution and assists clients at all stages of a dispute. He has acted as counsel in disputes before arbitral tribunals and courts in a wide range of areas of law, including contract law, IT law, insurance law, corporate law, environmental law, and M&A. Jon also has extensive experience of handling contentious regulatory matters. Prior to joining our Dispute Resolution team, Jon worked at the leading law firm in Sweden.

### Practices

---

Dispute Resolution

### Educational background

---

Master of Laws, Uppsala University (2013)  
Studies at Uppsala University and University of Gothenburg  
(2006–2007)

### Memberships and affiliations

---

Swedish Bar Association  
Finnish Arbitration Association  
Swedish Arbitration Association  
Young Arbitration Club Finland  
Young Arbitrators Sweden